COVID-19Brief



Here is the brief for Tuesday 28 September 2021.

Leadership Message Tom Power, Director of People & Culture, provides this week's update from the System Leadership Team. In this short video, Tom highlights the crucial role of people managers and the work being done to support them as they lead their teams through a period of intense pressure for health & social care. He also describes some of the work taking place to recruit new staff into the area.

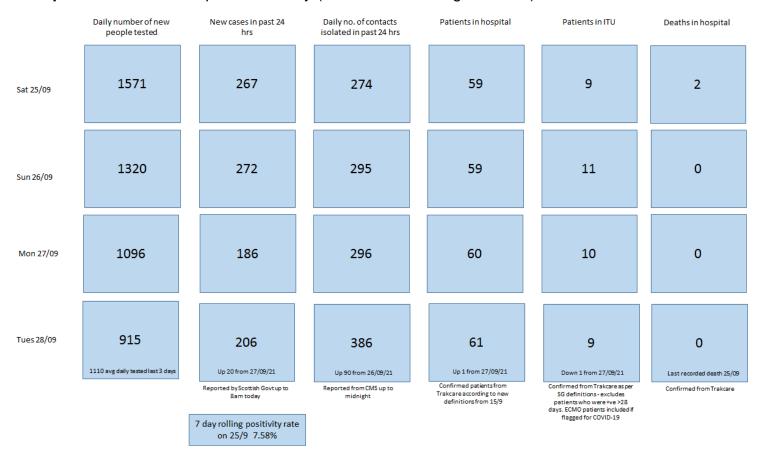
Fuel shortages You will no doubt have seen the national media coverage of difficulties moving fuel around the country and some localised cases of panic buying. This may have caused some of you difficulties in obtaining sufficient fuel. We are assured enough fuel is available. As a general point, please only purchase what you need, remembering that many of us are still being supported to work at home wherever possible. Any staff who are struggling to get themselves to and from work due to current fuel issues, should raise this with their line manager as soon as possible. Managers will hold a supportive conversation with you exploring options to enable you to undertake work. This may be working at home, working temporarily at a location closer to home, working flexibly taking public transport timetabling into consideration. Other options are identified in section 2.1 of the NHS Grampian Adverse Conditions Policy (Intranet link, networked devices only)

Autumn/Winter vaccinations Around 9,500 members of health & social care staff have now booked their appointments. We have had some feedback on availability of clinics; please be assured new dates will be added regularly and appointments will be available up to early December. If you are eligible for a COVID-19 booster, be aware it cannot be delivered until at least 24 weeks have passed since your second dose. As both immunisations can be administered in one appointment, you should bear this in mind when booking. Finally, if you Do Not Attend your appointment – for any reason – you will not be able to rebook straightaway through the online portal. Instead, you need to contact the national call centre on 0800 030 8013 and ask them to unblock your account. Wherever possible – and we know emergencies can prevent attendance – please do your utmost to attend your booked appointment.

Data Migration to Microsoft 365 (M365) As part of NHS Scotland's Microsoft 365 Programme, we have already made the move to Teams and migrated our email. The next stage, starting January 2022, is Data Migration. This means moving files (documents, spreadsheets and other Microsoft Office associated files) from shared drives/ network folders to Sharepoint and your 'My Documents' to personal folders on Onedrive. Migrating our data can be thought of as moving house and, like moving house, we all need to sort out what data we are taking with us and where it will be stored in the new place. The 'My Digital Workplace' team are already planning for the move, and will be offering a guiding hand, but they will need input from each department for their knowledge and understanding of their files.

The 'My Digital Workplace' team will be in touch shortly with more specifics on how to prepare for your move. In the meantime, if you have questions, please visit the NHS Grampian SharePoint page here and submit your questions. This site will develop over time and your questions will help us expand the FAQ section. Training resources are being developed for the migration stage which will include written instructions, videos, and training events. This represents a big change and, of course, many of us are still adjusting to some of the new tools already rolled out (such as MS Teams). Remember, if you have questions about the existing products, visit the Grampian Digital Champion's Team and post any queries in the Questions Channel. You can join this using Teams code **bbduv5** or alternatively by using this link.

Grampian data The local update for today (and across the long weekend) is shown below.



The Public Health Scotland daily dashboard is available to view via this link.

COVID-19 – how much do you know? As promised last week, we're going to be exploring in more depth some of the questions we asked in our True/False quiz. These will take the form of multiple-choice questions and we kick off with vaccination protection. Click on this link to select your answer – we'll provide the answer and some background in tomorrow's brief.

Thought for the day We've got an extended thought today, courtesy of Fiona Smith-Dodd (AHP Lead for the CAMHS team). Fiona is reflecting on how we have conversations about all things COVID-19 with the young people in our lives. This is particularly timely, as vaccination appointments are now being offered to those aged 12-15:

"We're all living in a changed world, and as parents and individuals we have all been affected by the pandemic. There is a lot of information available, and it can be confusing. As a parent, you want to do protect your child, offer guidance, and do the best for them. Vaccination is seen as a way of protecting people from COVID-19, by WHO, governments worldwide, and the Scottish Government. The Scottish Government is now offering the vaccine to all young people aged 12-15 (and older teenagers).

"It can be a difficult conversation to have with a young person encouraging them to have the vaccination, especially when there may be strong personalities and opinions around. We know that teenage years can be challenging for some, with young people striving for independence. As a parent you want the best for your child, sometimes they will listen and sometimes not. There is no one right approach in having a conversation about the vaccination with your child. You know your child; you may have had some difficult situations and conversations with them as they have grown up. Think about how you have managed these in the past, think about how you have supported your child in tricky situations, and you will likely know how best to have the conversation. Other parents may have different conversations and that is fine, each family is different, and each parent/child relationship is different. It may be a big sit-down conversation, or it may be a slower drip, drip approach, whatever feels best for your family.

"Young people tend to see their parents as trusted sources of information, and giving them the facts in a straightforward way, answering questions openly is often helpful. Young people may speak to their friends, spend time on social media, although they may not believe everything, and then come to parents to discuss what they have spoken about/seen/read. Giving the young person the opportunity to chat through their thinking can be useful. They may have fears and anxieties and find it hard to acknowledge these. Giving your child the time to express these feelings is important. You are there to help support them as much or as little as they need. Your child may have good knowledge of the vaccines, and already been thinking, about it. They may not actually see the vaccination as a big deal. They may want to discuss the benefits and disadvantages and simply need reassurance. A big factor is for your child to feel that they have been listened to and heard, and that they make the decision.

"Try to remember, you know your child, and have the skills to have a meaningful conversation with them about the vaccine."

Tune of the day Aisling Devlin suggests today's tune – <u>Empress by Snow Patrol</u> – and I am always happy to include a band with roots in Northern Ireland. Indeed, two of the members – Gary Lightbody and Jonny Quinn - are from my home town (no, I don't know them and I cannot arrange autographs or free tickets!)

If you want to request a song for tune of the day, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot