

Monday 17 October 2022

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**Scottish Health Awards** The finalists have been announced for this year's Scottish Health Awards and we are delighted to say NHS Grampian is well represented:

- Dr Balasubramaniam Vijayan (Gastroenterology) is shortlisted in the Doctor category
- Rosewell House are shortlisted in the Integrated Care category
- Dr Fiona Mackenzie (Consultant Clinical Scientist) is shortlisted in the Leader of the Year category

More than 750 nominations were received, so making it through to the final is an achievement in itself. Congratulations to all our nominees; winners will be announced at a ceremony in Edinburgh on Thursday 3 November.

**International Infection Prevention Week 2022** As promised last week, we are going to focus on a different chapter of the National Infection Prevention & Control Manual (NIPCM) each day this week. Chapter 1 focuses on Standard Infection Control Precautions (SICPs). SICPs are the basic infection prevention and control measures necessary to reduce the risk of transmission of infectious agent from both recognised and unrecognised sources of infection. [Click here to read Chapter 1](#) and access:

- 10 'must dos' to prevent infection
- Practical 'how to' prevent infection for all 10 SICPs
- Appendices to show safe and appropriate use of gloves, decontamination and so much more

Let's promote patient safety this winter and all year round and remember to show all your hard work by completing relevant paperwork such as PVC/CVC bundles

**Call Before You Convey** In response to current system pressures, we ran a test of change between Wednesday 5 and Monday 10 October. This utilised a "Call Before You Convey" model; prior to leaving the scene, SAS A&E crews would first contact the Grampian Flow Navigation Centre to seek senior decision-making support. The aim was to help ensure patients are provided with the right care in the right place at the right time. In addition, we aimed to reduce unnecessary movement of patients to the ED and contribute to improving patient flow at ARI. The data from this test has been analysed and there will be a virtual update provided tomorrow (Tuesday 18 October) between 11.30am and 12.30pm. There will be an opportunity to share learning and discuss any queries or concerns, with a view to a longer test period.

Interested? [Click here to join the meeting](#) or contact [gram.uucteam@nhs.scot](mailto:gram.uucteam@nhs.scot)

**Quality Improvement & Assurance newsletter** The latest edition of the QIA team newsletter is now [available to read here](#) (intranet link, networked devices only)

**An introduction to Hyperbaric Medicine** A one-day course for medical/nursing staff – and free to NHS Grampian and University of Aberdeen staff – will take place at the Hyperbaric Unit in Aberdeen on Tuesday 9 December. The event aims to offer an introduction to this unique area of clinical practise and will include a tour of the unit. Spaces are limited, so early booking is encouraged; contact 01224 553 264 or [gram.hyperbaric@nhs.scot](mailto:gram.hyperbaric@nhs.scot)

**Developmental Language Disorder** If you were passing Marischal College in Aberdeen on Friday evening, you may have spotted it was lit up in purple and yellow. This was to mark Developmental Language Disorder (DLD) Day. DLD is a lifelong condition that affects 1 in 14 people. The Aberdeen city Speech & Language Therapy team are typically involved with 1700 children and 200 adults affected by speech, language, and communication disorders and eating, drinking and swallowing disorders, including those affected by DLD. They've asked us to pass on their thanks to Aberdeen City Council for lighting up Marischal College and drawing attention to this condition. For more information about DLD, follow this link: [Developmental Language Disorder | RADLD](#)

**Pause for thought** As usual, we've got an opportunity for reflection to start the week, courtesy of last week's Guided Journaling sessions:

*We can get so lost in the facts, data and judgements that we end up defending consciously or unconsciously our current situation, approach or thinking. Where in life do you find yourself juggling too many balls? If you could make the balls into something easier to juggle, or if someone else was to look after them, what might happen?*

**Tune of the day** It's a classic from The Beatles today – [Taxman](#) – in no way inspired by anything happening in the news, at all. (If this was an episode of Fleabag, I'd be looking directly at the camera right now) (EP).

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via [gram.communications@nhs.scot](mailto:gram.communications@nhs.scot)