

Wednesday 26 April 2023

International Workers Memorial Day As highlighted last week, this Friday (28 April) is International Workers Memorial Day. This is a global day of action and an opportunity to remember those people killed, disabled, injured, or made unwell in the course of their job. It also coincides with World Day for Safety & Health at Work.

A minute's silence will take place at 12 noon, which all individuals and teams are supported to observe, as desired. In addition, there will be a short (15 minute) service of remembrance in the chapel at ARI, starting at 11.50am, which you are invited to attend.

iMatter 2023 Team confirmation for iMatter 2023 got underway on Monday; more than 450 out of 1411 teams have already been confirmed, so thank you! As promised, we have created some system demonstration videos (links below) in the live system. Please use these alongside the Manager's Brief we emailed directly to you on Monday 24 April.

- [iMatter team confirmation](#)
- [Making bulk changes to your team in iMatter](#)

If you have read the brief, watched the videos, and you are still experiencing issues, please use the below link to book a 10-minute call with Eve, the Staff Experience Project Support Officer. We are trying this as a new way of supporting managers, please bear with us as we test this approach. You can also still email gram.imatter@nhs.scot. Please ensure you confirm your teams by 5pm on 18 May 2023.

[Click here to book a one-on-one team confirmation call.](#)

Change to NHS Scotland SMS (Text) Messages NHS Scotland have been working with the National Cyber Security Centre and the Mobile Ecosystem Forum to reduce the risks of 'smishing' - a scam where fraudsters use mobile phone text messages to trick you into opening a malicious attachment or link – for patients and staff alike.

One change they are making is to the message ID used in SMS messages. From today (26 April) all SMS messages will be headed 'nhsscotland' instead of 'NHS-NoReply'. If your service or department uses text messaging, please ensure your patients/clients are aware of this change and that messages from 'nhsscotland' are genuine.

HEPMA update HEPMA is now live in our second early adopter site, ward 103 in ARI. The team there will be actively using the system, but if you support ward 103 in any way, you should also be familiar with HEPMA. This may be to view Medication charts and administration history, or you may have a patient transferred from ward103 and wish to view their original medicines reconciliation.

If you work in an area that will receive patients from W103, it's important to familiarise yourself with HEPMA's **MAC & MAPs** which patients transferring to a non-HEPMA area will arrive with:

[MAC Report Explained](#) Medicines Administration Chart, a printed copy can be used to record drug administrations.

[MAP Report Explained](#) Medication Administration Profile which shows previous medicine administrations.

HEPMA Users must complete an eLearning module via Turas. Additional classroom training sessions (both in person and digital) are being offered by the HEPMA training team: further information is available on the HEPMA [Training page](#) with courses bookable via the [training calendar](#)

Stop Food Waste Day Did you know that last year, NHS Grampian generated more than 128 tonnes of food waste? This came from both patient catering and retail catering services. The catering teams are working hard to reduce our food waste wherever possible. For example, a toast to order scheme has been introduced at ward level (bread is the second most wasted food item throughout the UK) while food waste reduction tips are shared at our retail outlets.

Today is Stop Food Waste Day. It doesn't just put a burden on finances (both within this organisation and in our own homes), it also has a damaging effect on the environment; releasing methane into the atmosphere and leachate which contributes to groundwater pollution. Additionally, the production, storage and transportation of food can generate high energy usage and costs.

We encourage everyone today (and beyond) to look at ways to prevent food waste, which addresses key challenges in the world today including hunger, poverty, climate change, health and wellbeing and the sustainability of our agriculture. For more information on reducing food waste, have a look at the [Love Food, Hate Waste](#) Campaign or [Zero Waste Scotland](#).

We Care Wellbeing Wednesday (please note, all today's We Care links require a Turas log-in)

- **Wellbeing in the Workplace for Managers Training** This session will support you to reflect on where your team is with wellbeing in the workplace currently and start to develop a plan around building on this, whatever your starting point, and are delivered via MS Teams. Our next few dates are completely booked up, however there is still some availability later in the year. [Click here](#) to book a place.
- **Psychological Safety Online Sessions** There are still some spaces left on this month's Psychological Safety training session, taking place on Thursday 18 May, 9.45am - 12noon. This is an evidence-based concept, enabling teams to create positive cultures and an environment where everyone can speak up. Research indicates the benefits of a psychologically safe workplace include stronger staff morale, higher productivity and creativity levels and more staff engagement and job satisfaction. For more information, please see the attached flyer. Please book via our TURAS page [here](#)
- **Menopause Awareness in the Workplace – Male-Only Sessions** There are a few spaces on our male-only menopause awareness in the workplace sessions – with the next event on Thursday 11 May, 3-4pm. To book a place, please click [here](#). Training for [all colleagues is available here](#)

If you have questions about any of today's We Care Wellbeing Wednesday, please email gram.wecare@nhs.scot

Tune of the day Today's request goes out to ENT speciality doctor Janice Provan, who is retiring after more than 30 years in the NHS. The team in ENT outpatients at Woodend say they will miss you very much, but know you've got lots of plans for your free time! They've asked for [Dancing Queen](#) and as you probably know by now, I can never say no to ABBA

Two for the price of one today! To mark the death of Harry Belafonte, may I suggest you close out the working day to [Jump in the Line](#) (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot