

Monday 27 February 2023

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**Cyber Scotland Week** This week businesses, organisations and individuals are drawing together to become more cyber aware and resilient. NHS Grampian's cyber security team have put together lots of helpful information advice for colleagues in a [cyber security online newsletter](#).

**Brew and a blether** Join We Care for a 'Brew and a Blether' on Wednesday 01 March at Aberdeen Health Village, from 10.30am – 12.30pm. Take a break, speak to senior leaders and We Care, discuss what is impacting on your welfare at work and find out about support available. Enjoy a free hot drink too. Details of other venues and dates to follow.

**eESS Manager Self-Service Support** Following a review of how support is provided to users of eESS Manager Self-Service, the eESS Support Team has implemented a triage system for all incoming enquiries so that responses can be prioritised.

There are still a large number of queries being received regarding how to use the eESS system. There are step by step guides available on the national eESS website which users may find helpful:

<https://www.eess.nhs.scot/mss/> We would encourage you to consult these guides first, as they may contain the answer you need, and it allows the team to focus on the more complex issues raised.

We thank all users for their patience at this time.

In addition, a tabletop exercise conducted by Service and People and Culture directorate representatives will look at the flow of information between all the various national workforce systems used to engage staff, including eESS. The aim is to increase awareness and understanding of the information flow and highlight any areas of improvement.

**Ambulance booking** When requesting an ambulance for patient transport, please use the telephone line – 0333 399 0044 – in the first instance. If you find the line is constantly engaged, you should then use [the contact form available via this link](#). Please provide a contact number which will be answered in a timely manner. The online booking form may not be the best option for a late 'on the day' booking, as there can be a delay in someone calling the ward back. If it is a late booking, the ward would be best to contact the PTS line to ensure that they have the booking logged. If there are any issues with a booking, please contact Site & Capacity and they will escalate to the HALO or SAS Clinical Team Leader based in the Emergency Department.

**New uniforms – reminder** If you have requested new uniform for yourself, or for a member of your team, please check your email for information on collection. The sewing room team are unable to process new requests until backlog orders are cleared and storage space freed up. The sewing room is open for collections Monday to Thursday 8am-2.45pm and 8am-12pm on Fridays. Any items of uniform not collected by Friday 3 March will be redistributed.

**Aberdeen City Hospital @ Home engagement event** Taking place on Friday 17 March, between 9-11am, this virtual event aims to build awareness of local plans for expansion into new acute specialty pathways and to give vital opportunity to input into the development of the plans. This will be an

important session for colleagues from across the sectors, but especially acute. To register, please complete this form; if you have any questions about the event, please contact Arlene Hurst ([arlene.hurst@nhs.scot](mailto:arlene.hurst@nhs.scot)) or Sarah Gibbon ([sgibbon@aberdeencity.gov.uk](mailto:sgibbon@aberdeencity.gov.uk))

**Shaping a better future for Moray** NHS Grampian, Moray Health and Social Care Partnership and Moray Wellbeing Hub jointly held a creative drop-in engagement event on Friday 24<sup>th</sup> February at The Inkwel in Elgin. The purpose of this event was for people from Moray to come along and have their say to help shape local health and wellbeing services. Tables at the event were set up with a variety of activities, including Lego, arts, crafts and musical instruments, which allowed for a more relaxed conversation about what is important to people.

The event was supported by Moray Wellbeing Hub Champions, who are all volunteers who have a shared understanding of mental health difficulties and a passion for making things better for the people of Moray. Attendance at the event included Chair of the NHS Grampian Board, Alison Evison, Moray Health and Social Care Chief Officer, Simon Boker-Ingram, and Dr Gray's Hospital Manager, Alasdair Pattinson.

Increasing community engagement opportunities through our third sector colleagues is key for NHS Grampian to ensure our future services meet the needs of the communities we serve. There are plans to run more joint events with the Moray Wellbeing Hub and the hope is to partner with other voluntary organisations across the Grampian area.

**Opportunity for junior doctors to be featured in TV series** BBC Scotland has commissioned [Tern Television to make a three-part series at Foresterhill](#), following this year's FY1 Young Doctors. They will be filming during March and April with the full backing of NHS Grampian and would like to film a small group of junior doctors as you go through part of your first year. It's about sharing real life experiences. If you are interested, please email [chris.mcmillan@terntv.com](mailto:chris.mcmillan@terntv.com)

**Welcome back to our fantastic volunteers** The Royal Voluntary Service has restarted the drinks and snacks trolley service from today in parts of Aberdeen Royal Infirmary. The areas currently being serviced include wards in the Green and Pink Zone and Outpatients on week days. Further updates to follow.

**Pause for Thought** Where are there signs of success in your life? What might this offer you?

**Tune of the day** Jill Hadingham kicks off another working week, with her request for Tina Turner and [Proud Mary](#), dedicated to all the nurses at Portlethen Medical Centre (KJ).

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via [gram.communications@nhs.scot](mailto:gram.communications@nhs.scot)